

HALLOWEEN HALF-TERM HORRORS

Young People from KDYT took part in a range of activities as part of an action packed October half term that saw KDYT engage over 150 individual young people.

Thanks to funding from Worcestershire Children First young people were able to come to drop in youth clubs, access hot food and have a lot of fun at Youth House and on trips.

Our Detached Team were out and about engaging young people where they meet and were able provide food to young people.

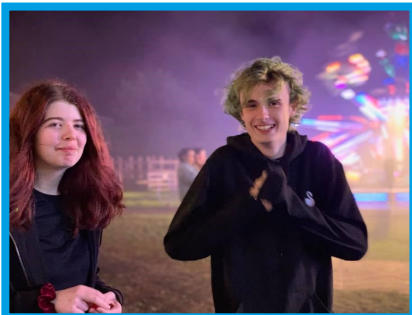
Older members visited Scarefest which had a series of frightening places to visit and even scarier people to meet.



Rumours of a Youth Worker running screaming from a Scarecrow with a chainsaw should be ignored, not least because that youth worker edits the newsletter.

Our drop in Youth Clubs were particularly popular and saw young people taking part in sports, arts and crafts, gaming and Halloween cookie making and decorating.

We bravely ventured onto the Severn Valley Railway Ghost Train, taking over a carriage with young people in fancy dress and scary masks. There were many screams and lots of laughs.



Volunteers Welcome

As you will see from this newsletter KDYT is a very busy and exciting place to be.

We have an amazing team of staff and volunteers and we are looking for more volunteers to join us.

There are a range of roles available and you can volunteer in the daytime or evening.

We offer free training and you will be fully supported in your role, for more information please email: m.oliver-brooke@kdyt.org.uk

Increasing Numbers of Young People using KDYT!

Large numbers of young people are accessing the range of services available at Youth House. Alongside existing members, we have welcomed over 100 new members since the lifting of lockdown restrictions.

Our drop-in sessions are being used by young people who need advice and support on a range of issues, and those who want to simply relax with friends.

The Sportshall is used daily with young people and other user groups including local football teams, badminton, schools, colleges, dodgeball and cheerleading groups.

Youth Club attendances have not been negatively impacted by the lockdown

restrictions as we had feared, with new members every week, it is a real positive that many new members are joining on the recommendation of current members.



Our Youth Clubs, Drop-Ins and the sports on offer at KDYT not only provide positive activities for young people on a daily basis, they are also a fantastic way of developing trust and respect between young people and youth workers, from which we are best able to support young people.

To find out more about the range of services at KDYT please give one of the team a call on 01562 228113 or email info@kdyt.org.uk

KDYT Welcomes Chief Constable Pippa Mills

Young people and staff KDYT welcomed Chief Constable Pippa Mills to Youth House to see the work taking place here.

Following a tour of the facilities, the Chief Constable met young people, playing her first ever game of Uno.

KDYT team members and young people discussed the impact and importance of youth work and youth facilities on their lives.

Enabling young people to have their voices heard by key decision makers is a priority for KDYT and we look forward to the next visit, we believe Uno training is underway at Hindlip.



Detached Youth Work

Thanks to funding from the Police & Crime Commissioner John Campion, in partnership with Safer Wyre Forest, KDYT has been delivering regular Detached Youth Work sessions across the Wyre Forest District for over 2 years, but what exactly is Detached Youth Work and what impact is it having?

Youth Workers engage directly with young people in their social spaces: housing estates, parks, shopping centres and other places where young people socialise. Engaging with young people in these spaces reverses the typical power dynamic and by maintaining a regular and long-term presence, young people begin to trust youth workers and open up to them about issues they are facing.



This style of youth work is designed to achieve the following outcomes:

- Build effective and meaningful relationships with young people through regular contact, mutual trust, respect and understanding;
- Identify and respond to the needs of individuals and groups of young people through activities which are both educational and fun;
- Support and challenge young people's attitudes and actions towards issues such as, drugs, poverty, racism, sexism, disability, health, sexuality, criminality, peer, parental and community pressure;
- Enable young people to take more control over their lives and create experiences with them, which enable them to make informed choices;
- Provide an opportunity for young people to disengage from risky or harmful behaviours.
- Bridge gaps in understanding between the local community and young people.

Youth Workers help to develop resilience in young people, whilst challenging negative behaviours and attitudes through dialogue, these conversations are based on mutual trust and respect and can take time, however the impact is often longer lasting.

Detached Youth Work is not an emergency service responding to poor behaviour, nor is it a form of authority. Wyre Forest has 9 different types of authority figure that young people can meet in the community, youth work is different and we believe this compliments other work taking place.

KDYT uses an asset based approach to all our youth work, we help young people to identify the strengths and skills they possess and how they can reach their full potential, whilst we recognise there are problems, some very serious ones, there are also untapped resources inherent in every individual which can be used to improve current conditions.

KDYT are really grateful for the continued support of the Police & Crime Commissioner, Safer Wyre Forest Partnership, Local Councillors, Park and Community Groups and everyone who supports us with this valuable and impactful work.

Stourport Tesco Supports KDYT Cooking Projects.

A huge thank you to Nicola and the team from Tesco Stourport for the kind donation of fruit, food and other fabulous items for young people who use our youth clubs and Youth House.

Cooking is one of the most popular activities that takes place during Youth Club, it teaches young people essential skills, promotes team work and enables important discussions on issues such as healthy lifestyles and why it is important to stay fit and eat good food.

For some young people, knowing they can drop in and get a hot meal and a drink provides a sense of security and a firm base from which to start to look at issues in their lives.

Nicola took time to come and visit KDYT, understand the work we do and the needs of the young people, so that she could ensure that the support from Tesco would have as big an impact as possible.



Mindful Music!

Following our successful National Lottery funded Mindful Music Project, KDYT have worked with young people to make sure they have access to music in various forms at Youth House.

The Mindful Music Project discovered the importance of music to young people and how it can help with mental health, sports training, relaxing, expressing feelings and much more.

Young people from all backgrounds agree that music is an important part of their lives and that they benefit for having access to facilities with music.

KDYT has a variety of musical instruments available for young people, they also have the chance to sing and perform. Whilst this is very unstructured young people say this is an important aspect of Youth Club for them.

We hope to bring you even more exciting musical news in our next Newsletter, thanks to the Worshipful Mayor of Kidderminster and other fabulous Councillors.

Kidderminster & District Youth Trust

Charity No. 1184745

Youth House, Bromsgrove Street, Kidderminster. DY10 1PF

01562 228113 | www.kdyt.org.uk